



## Vegan on the Go: 50 Delicious Quick and Simple Recipes When You Are in a Rush! Going Vegan Was Never Meant to Be This Easy! (Paperback)

By Mary E Edwards

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Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.The Vegetarian Cookbook for People who Value Time! We live in a busy world today and it can be extremely difficult to take time out of our busy schedules and cook a delicious meal for our loved ones. When it comes to preparing meals for your loved ones you are often pressed for time, since the busy life that we lead today often means that we don't have time to spend in the kitchen. Furthermore, when you have to prepare in a rush, you want to cook something tasty yet simple, so that you can make the dish in time. Time is a commodity which is highly valued by everyone today, which is why you should always aim to make use of your time in the best way possible. When you are short on time, a simple vegetarian dish can bail you out of trouble if you have surprise guests and visitors. The recipes in this vegan cookbook are designed to provide you with time efficient recipes which are spectacular to taste, simple to...



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### Reviews

*Extensive information for book fans. It is written in basic words and never hard to understand. It is extremely difficult to leave it before concluding, once you begin to read the book.*

-- **Otis Wisoky**

*This publication is great. It is full of wisdom and knowledge. You will not really feel monotony at any time of the time (that's what catalogs are for relating to when you ask me).*

-- **Dr. Everett Dicki DDS**