



Talking Bodies: How Do We Integrate Working with the Body in Psychotherapy from an Attachment and Relational Perspective? (John Bowlby Memorial Lecture Series)

By -

Karnac Books, 2014. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: 'Talking Bodies is an engaging, illuminating, and substantive exploration of the intricacies of incorporating the body into the psychotherapy frame. Examination of the implications of attachment and relational theory yields essays with therapeutic approaches that the clinician can readily incorporate. In a historical context, this volume advances the project of relational analysts, who first published on the integration of the body in relational theory in *Relational Perspectives on the Body* in 1998. This is a valuable addition to our literature.'- Frances Sommer Anderson, PhD, SEP, private practice, New York City; Faculty, Manhattan Institute for Psychoanalysis; Co-Editor with Lewis Aron, *Relational Perspectives on the Body*'For years, a Cartesian split dominated UK psychotherapy and counselling provision with "the body" disavowed and "the mind" disembodied. Relational psychoanalysis, attachment theory, and traumatology have now become the new corpus colosum, making profoundly meaningful links. Congratulations to the Bowlby Memorial Conference for yet again providing a written feast to follow the embodied experience of listening to the excellent speakers at this event who shine in this timely volume. All psychotherapists and counsellors will feel more enabled to observe and...

Reviews

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