



## Coloring Yourself Calm, Volume 4: Adult Coloring Book (Paperback)

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By Jeffrey Littorno

Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. 254 x 203 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Rediscover the relaxing joy of coloring! There s no denying that the world has gotten more stressful in the 21st century. Fortunately, you can find your escape through the simple activity of coloring. You may have noticed coloring books for adults have sprung in stores and online. Jeffrey Littorno s Adult Coloring Book, Volume 4 in the Color Yourself Calm series, is full of 50 captivating Mandala designs, which are a type of artwork used to elicit a feeling of calm. The pages are created with the idea that they are simple enough to be finished in one sitting. This coloring book for grown ups is perfect for anyone seeking to enjoy the relaxing power of coloring. Don t miss all of the books in the Coloring Yourself Calm series!.



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### Reviews

*This publication is amazing. It is definitely basic but shocks in the fifty percent of your publication. You wont feel monotony at anytime of your own time (that's what catalogues are for concerning if you question me).*

-- **Prof. Kirk Cruickshank DDS**

*This kind of book is every little thing and taught me to looking ahead of time and a lot more. I am quite late in start reading this one, but better then never. I found out this book from my dad and i encouraged this pdf to find out.*

-- **Justus Hettinger**